

COUNSELOR CORNER

By Hanes School Counselors

HAPPY
New Year



Contact



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As we begin a new year, it's the perfect time for a fresh start! We encourage families to set meaningful goals that support personal growth, family well-being, and a positive outlook for the year ahead. Together, let's make 2025 a year of success, connection, and joy!

Guidance Lessons in January

This month, our guidance lesson will focus on personal safety including online safety for all students. These lessons follow monthly themes that align with school counseling standards and help support our students' social-emotional learning.

Last semester, we went above and beyond by teaching six guidance lessons (one more than the average) and leading two school-wide campaigns focused on Anti-Bullying and Resiliency. We are proud to continue this momentum in the new semester!

Small Groups for the Spring Semester

Small group sessions provide extra support for students in areas such as social skills, emotional regulation, and more. Thanks to feedback from teachers, we were able to complete over 10 small groups during the fall semester.

Social-Emotional Learning: Supporting a Positive School Culture

As part of our efforts to create a positive and supportive environment, we are focusing on strategies that help students feel connected, respected, and engaged. Here's how we'll continue to support students this semester:

- Classroom Agreements: Teachers will revisit classroom agreements to reinforce clear expectations and routines, providing structure and consistency for students.
- Behavior Reflection: When students encounter challenges, they will be guided through reflective questions to encourage self-awareness and accountability:
- Encouraging Positivity: Students will be given opportunities to share positive experiences and discuss the good things happening in their lives.

Announcements

Holiday

Monday, January 20th

Books on online safety

